



SPRING 2026 NEWSLETTER



Chaffey College Student Government & Social Wellness Fostering a Healthier Campus

By Keqi Zhu

This Spring Chaffey College Student Government collaborated with the Social Wellness Behavioral Support Program in implementing support for students during finals week. Chaffey College Student Government prioritizes the well-being of students, and understands the detrimental effects finals season can have on the mental health of an individual. To help take away some of the stress, CCSG and Social Wellness collaborated to host a soundbath event on April 28th, 2026 where students can bring their own yoga mats and relax their mind and body with calm tones and vibrations from the sound baths. This event took place in Gymnasium 3 at 12-1 PM and was facilitated by Andrea Torres.

In addition to this collaboration, CCSG and Social Wellness also worked to inform students about how they can get referrals for counseling. As an organization, CCSG acknowledges the importance of having someone to talk to in times of stress and anxiety. Finals week can be challenging enough which is why it is extremely important for students to have a safe space where they can talk about how they feel and go into their finals with a clear head space. To receive free counseling, go to the [Chaffey Connects Website](#) then click on the 'Mental Health Need' tab, fill out the required fields, then select 'Student Reporting for Self.' Students will then receive a message to their panther email or the phone number they provided about booking an in-person or virtual session. It is important to know that students will receive 12 sessions for free, it's completely confidential, and will not affect their grades. Counseling is offered during all semesters, and is tailored to help aid a student in each of their unique struggles, we encourage all students to take advantage of the help provided to them!



Chaffey College
SWBS and CCSG

Sound Bath Collab

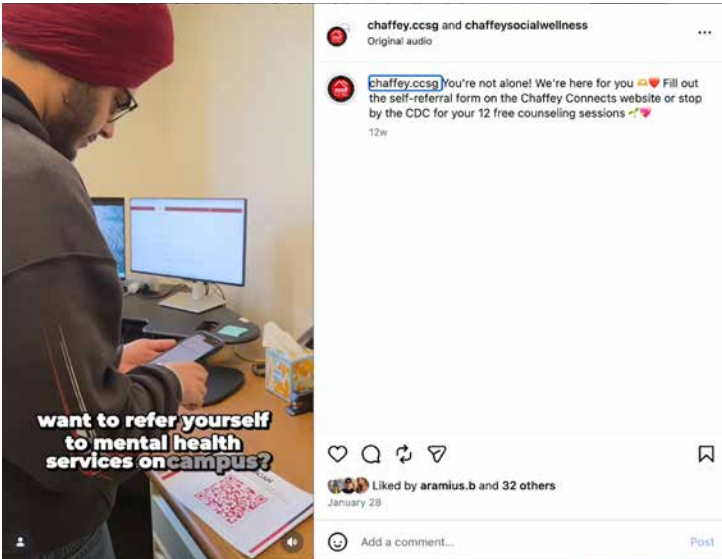
Facilitator: Andrea Torres, MFT

April 28th, 2026
12:00 to 1:00pm
Gymnasium 203

Go into finals with a relaxed mind and body by participating in the Sound Bath. Sound baths use calming tones and vibrations to help quiet your thoughts and relax your body.

Please wear comfortable clothing and footwear. You're encouraged to bring your own yoga mat; however, a limited number will be available to borrow.
Limited space available — 30 spots.
First come, first served.

For more information or if you require disability-related accommodations, please contact Andrew Rios at andrew.rios@chaffey.edu or (909)652-6338 (at least 10 instructional days prior to the event)



want to refer yourself to mental health services on campus?

chaffey.ccsog and chaffeysocialwellness
Original audio

chaffey.ccsog You're not alone! We're here for you 🤝❤️ Fill out the self-referral form on the Chaffey Connects website or stop by the CDC for your 12 free counseling sessions 🙌❤️

12w

Liked by aramius.b and 32 others
January 28

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2026 CCSG General Elections

By Aram Babayan



Chaffey College's Student Government is known for its great achievements throughout 2025-2026, including drafting up two living documents of legislation and re-structuring our bylaws to align with modern times and student values. CCSG also currently possesses the largest student representative bodies in the state of California! With that, our upcoming 2026 Elections has allowed for Chaffey College students across all three campuses to represent Chaffey within the SSCCC and of course, Region IX. The 2026 Elections allows students to run for leadership positions such as Student Representative, Senator, or E-Board member. Candidates that are running for any of these positions must collect a number of signatures from students depending on the position they go for. Before the voting process takes place on April 20th, CCSG wants to ensure rapport with the candidates alongside current members and fellow peers running. This is why CCSG hosts events like the Informational Meeting which allows future candidates to learn more about the basics of the election

process. After the application period closed, the Mandatory Candidate Meeting required all candidates who applied during the application period to attend in order to understand more of the responsibilities and expectations associated with these positions.

Another event the 2025-2026 administration has hosted this year was the Candidate Mixer, which provided an opportunity to form relationships between individuals applying to CCSG. Through this event future members were able to understand more about CCSG from current members' perspectives while simultaneously learning more about the candidates running alongside them. Lastly, our E-Board Candidate Panel will allow E-Board candidates to answer questions relative to their performance if accepted into leadership roles, helping contribute to the student body's awareness of who they want to see in office.

CCSG Advocacy In Action at Washington D.C.

By Phoebe Hong

This spring, CCSG was privileged to attend the Federal Advocacy Conference in Washington, D.C., where members participated in workshops and legislative meetings, an annual event hosted by the Student Senate of California Community Colleges (SSCC). These workshops helped members build advocacy skills, make meaningful connections, and learn how to communicate effectively with elected officials. During the trip, CCSG met with congressional staff including Legislative Aide Colin Kruse from Senator Adam Schiff's office, as well as the office of Senator Alex Padilla. These meetings gave members the opportunity to share student perspectives and practice asking thoughtful, direct questions.

CCSG members also attended Capitol Hill hearings, including the March 4, 2026 hearing with Secretary Kristi Noem. Being in the same room as Congressional senators and representatives made the experience feel very real and highlighted the importance of these discussions. Being in Washington, D.C. during a time of rising global tensions, made the experience even more invigorating. Members also observed veterans present at hearings and, on March 5, witnessed a widely publicized incident involving a veteran and a U.S. senator. Overall, the trip was a valuable experience that helped members better understand the legislative process, judicial accountability, and strengthen their advocacy skills.





CCSG Senators Meet with California Representative Sasha Perez

By Vladis Luciano

Several Chaffey College Student government senators had the opportunity to meet with California Senator Sasha Perez early on in Spring 2026. During their meeting, Chaffey Senators and Sasha Perez talked about her support towards students through Californian Bill “SB 323.” This bill aims to promote safety procedures and transparency towards schools for a safer space for students across the state. One way this is done is by accommodating emergency safety procedures for students who may need specific accommodations. Also, the bill encourages enforcing local education agencies to maintain a school emergency plan that is accessible at every school site. Finally, the bill pushes for local meetings to be put out for citizens to express their opinions on school emergency

plans and procedures. During their meeting, other discussions, such as how Californian students can be further supported in education and outside of it as well, and how Chaffey College can protect its immigrant/undocumented students were spoken about. CCSG considers representing all students of Chaffey College a heavy priority, so bringing their voices into these spaces embodies that commitment. To conclude, Senator Perez also addressed the importance of positioning Chaffey College as a stronger leader in community and local advocacy. Both CCSG and Senator Perez aim to champion the needs of not only Chaffey College students, but students across the state of California.

“Did you know?” To “Now you know”

By Alexis Medina

This Spring semester, Chaffey College Student Government (CCSG) has continued to focus on one important goal: making sure every student feels informed, included, and connected. One of the ways we are doing this is by expanding our “Did You Know?” informational posts into multiple languages, including Spanish, English, Arabic, and Tagalog. These “information bites” play a big role in helping students stay aware of campus resources, events, and opportunities. By translating these posts, CCSG is breaking down language barriers and making sure students from different backgrounds can access the same information. This reflects the diversity of our campus and shows that outreach is not just about sharing information, but about making sure it is actually understood. Consistently sharing these multilingual posts has allowed CCSG to reach a wider audience and keep more students informed throughout the Spring semester. This effort also supports students who may not feel comfortable reading in English, helping them stay connected to what is happening on campus. As CCSG continues to build on this work, it shows a commitment to meeting students where they are and recognizing that access to information plays a key role in student success. Overall, CCSG is not only focused on creating opportunities, but also on making those opportunities accessible to all. Because at the end of the day, it’s not just about saying “Did you know?” It’s about making sure every student can confidently say, “Now I know.”





Chaffey College Student Government Passes Landmark Gym Access Resolution

By Kaia Wedlow

Members of Chaffey College Student Government set out to represent their constituent's voices by advocating for a distinct change on community college campuses around California. Starting in the Fall 2025 semester and continuing into our Spring 2026 semester, CCSG representatives curated two resolutions for statewide reform. In order to achieve this goal, various students worked on revising the resolutions, presenting them to sponsors, and ultimately presenting both to the Student Senate for California Community Colleges (SSCCC) at their annual General Assembly meeting in San Francisco.

The resolutions introduced included the "Expanding Equitable Access to Fitness Facilities at CA Community Colleges Resolution." Written by President Matthew Caddell and Senators Nistha Aryal, Branden Flanagan, Alexis Medina, Gabriel San Diego, Bir Shoker, Sebastian Rodriguez, and Daniel Yao, the Gym Resolution was created to ensure that by January 2029, community colleges would address the issue of gym accessibility to their student bodies. The resolution proposed two ways for each college to carry this out: first, offer free or low-cost access to on-campus fitness centers where facilities permit, or alternatively establish partnerships with nearby community gyms or fitness facilities to provide discounted or free memberships for currently enrolled students. Initially, this resolution started off as a conversation

between friends at the Chaffey Library. After substantial thought, the entire gym resolution team conducted research on the 111 community colleges in California, asking about whether they had available gym access for students. Then, Senator Aryal provided the team with extensive research regarding the health benefits of exercise. Through an abundance of effort, these senators were able to successfully bring this idea to life at General Assembly. After a long debate with the entire community college senate, this resolution passed with overwhelming majority, 47 community colleges in favor and 12 community colleges against the resolution. With the resolution passing, it officially entered the SSSCC's list of approved advocacy projects. When it comes to implementation, the SSSCC and its legislative affairs directors are ultimately responsible for following through with this resolution, but with 5 SSSCC sponsors, and sponsorship from Congressman Robert Garcia, the pressure is undeniable.

As a result of CCSG's efforts, each community college in California will be demonstrating a positive change towards augmenting physical, mental, and cognitive health support for students by means of gym access. Alongside these achievements, CCSG's Regional Affairs Director Valeria Chavez coordinated the most legislative visits in Chaffey college history, showing an example of real leadership and student representation.

2026 Class Gift Committee Recap

By Daniel Yao

After years of rushing between classes, students at Chaffey will finally have a place to pause. The 2025-2026 CCSG Class Gift Committee (a standing ad-hoc), has voted to install resting stations outside the social science and health science buildings for a small but meaningful addition to campus life. This year's Class Gift committee went through a variety of ideas regarding the 2025-2026 Class Gift. Initially, talks were held regarding game stations for the student life lounge, with PS5's & Nintendo Switches planned to be bought by student government, to allow for students to have a better lounge experience. However, this was scrapped after the committee realized they could do more with their larger budget. After lengthy discussion, it was finally decided in late January to have the class gift resting stations placed on the Rancho Campus. These resting station plans were finalized once some analysis was done on some of the higher traffic areas of the Chaffey Rancho Campus, and whether they lacked benches to sit down.

Beyond the physical relief, the resting stations are also expected to foster a greater sense of community. Shared spaces naturally encourage casual interaction, the kind of spontaneous conversations between classmates that can turn a commuter campus into something that feels a little more connected. For a student population that often spends limited time on campus outside of class, even small moments like these can strengthen the overall college experience.

OUR CLASS GIFT 2026!



Everyday use: Seats students will use regularly.

Lasting impact: Leaves a permanent mark on campus.

Brings students together: Creates shared gathering spaces.

Elevates campus spaces: Improves comfort and appearance.

For everyone: Serves students, staff, and visitors.



**4 tree hugging benches
Color: Brown**

Mayor Warren at CCSG Senate Meeting

By Iriny Gurgis

On Monday, March 23rd, 2026, Mayor Warren from the city of Fontana visited CCSG's Senate Meeting. Mayor Warren is a strong and determined individual who holds multiple leadership positions such as being the Fontana National Trustee.

One of her goals is to connect individuals with resources such as the Youth Advisory Council. Her main focus is towards issues such as public safety and homelessness that the youth faces. She shared and emphasized her efforts of implementing multi-family housing units.

Through the city's Navigation Center, around 222 beds were provided among other resources that include educational support, access to food, and housing support. By collaborating with mental health professionals, non-profit organizations, and churches, the program is able to provide support services for those in need.

She believes that education is vital for success and that the city's programs reduce barriers that can take away one's opportunity to build a successful career. Her support and implementation of such initiatives mirrors CCSG's goals of advocating for Chaffey College students' rights and needs. Her message connects her leadership experience by proving that when students are educated and supported, they become an essential part of the future.



CCSG Takes Sacramento: Advocating for Students at March in March

By Yuliana Gracia-Munoz

On March 12th, 2026, representatives from Chaffey College Student Government (CCSG) joined community college students from across the state at the Student Senate for California Community Colleges' (SSCCC) annual March in March and Lobby Day in Sacramento, a full day dedicated to putting student voices where they matter most: in front of lawmakers.

The day began with a meeting with a legislative staffer from State Senator Sasha Perez's office to discuss SB 323, a bill authored by Senator Perez that ensures the California Dream Act Application is available to any student eligible for state financial aid, regardless of their federal financial aid eligibility, a protection especially significant for students from vulnerable or mixed-status families who may feel unsafe applying through federal channels. CCSG senators then met with a staffer from Assembly Member Michelle Rodriguez, who represents the 53rd Assembly District, spanning both Los Angeles and San Bernardino Counties. Rodriguez serves as an Assistant Majority Whip and sits on several key standing committees. She brings a background deeply rooted in education, healthcare, and community service to her legislative work, issues that directly affect Chaffey students and the surrounding region.

The day concluded with "March in March" itself, a student-led march to the steps of the State Capitol organized by the SSSCC. Students from across California gathered to collectively demand recognition of their needs, from financial aid access to student debt relief. The march is held annually as a visible reminder that community college students are a constituency that will not be ignored.

CCSG is honored to stand alongside students statewide in spaces where the future of higher education is shaped. This is what advocacy looks like!



Strengthening Governing Documents Statewide

By Valeria Chavez



Every California community college student is represented by a student body association (SBA), but what governs how those student governments operate? The answer is their governing documents: constitutions, bylaws, and the rules that define how students are represented. CCSG's Constitution and Bylaws committee and a team of passionate resolution authors tackled this problem of outdated and inaccessible documents, eventually putting CCSG on the map as the governing body setting the statewide standard.

In Fall 2025, Director Valeria Chavez, Senator Jack Davis, Student Representative Zahirah Haji, Senator Ryan Olaide-Sadiq, and Senator Sebastian Rodriguez researched the governing documents of all 114 California Community Colleges. What they found was clear: only 14% of SBAs had any regular review process, and fewer than 5% included a glossary to help students understand their own documents.

They brought this research and CCSG's new reforms to the SSSCC, and while it wasn't advanced as a formal resolution, SSSCC leadership saw the need and turned it into something bigger.

The SSSCC is now partnering with CCSG to develop a statewide toolkit and distribute it to every SBA across California, starting in the 2026-2027 academic year, giving student governments the tools to make their governing documents more transparent, accessible, and current. The toolkit includes an introductory cover letter to all SBA presidents, a research-backed one pager outlining the disproportionate lack of transparency, and models outlining how to implement a glossary of terms, regular review cycles, and a 9+1 Rights stipulation to strengthen California Community Colleges' student representation. This is what effective student advocacy looks like when it reaches beyond our campus.