COLLEGE WRAP &
THE OFFICE OF STUDENT LIFE
HOSTING THE FOLLOWING WORKSHOPS:

HEALTHY RELATIONSHIPS
THURSDAY, FEBRUARY 3
4:30 PM – 5:30 PM
Learn how to have healthy relationships and warning signs of toxic relationships.
Register at: Healthy Relationships

MENTAL HEALTH AND COLLEGE
THURSDAY, FEBRUARY 17
4:30 PM – 5:30 PM
Learn about the different mental health symptoms and warning signs that may arise when in College.
Register at: Mental Health and College

QUESTIONS?
Email sonia.juarez@chaffey.edu