

# THE WELLNESS CONNECTION

Chaffey College  
Social Wellness and Behavioral Support

SOCIAL WELLNESS AND BEHAVIORAL SUPPORT NEWSLETTER

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## Triage Engagement and Support Team (TEST)

Chaffey College is enhancing its crisis and intervention support by launching the Triage, Engagement, and Support Team (TEST), a co-response program in partnership with the San Bernardino County Department of Behavioral Health (DBH). The program features a dedicated TEST social worker who co-responds with Campus Police and is located in Campus Center East (CCE-123) to provide immediate support to students in need. TEST connects students with behavioral health, housing and shelter resources, substance abuse referrals, and other resources while collaborating closely with the Social Wellness and Behavioral Support (SWBS) program to deliver coordinated, campus-wide interventions. Together, TEST and SWBS foster a safe, structured, and supportive environment that promotes students' social, emotional, and academic growth.

## Welcome New Clinician Jimmy Pineda, LCSW

The Social Wellness and Behavioral Support program welcomes its newest team member, Mr. Jimmy Pineda, who brings extensive experience and a strong commitment to student mental health. He holds a Bachelor's degree in Psychological Sciences from Cal State University San Marcos and a Master's in Social Work from the University of Southern California, specializing in School Social Work and earning his Pupil Personnel Services Credential. Jimmy has supported adolescents, young adults, and families through challenges such as anxiety, depression, trauma, and



major life transitions. He is dedicated to creating a safe, supportive space where students feel heard, valued, and empowered to grow.

## Updated Chaffey Connects Table Tents

The goal of **Chaffey Connects** is to connect students with a variety of resources. The program now includes the Triage, Engagement, and Support Team (TEST), providing co-response mental health support in collaboration with Campus Police. New table tents highlighting the TEST team will be placed around campus and are also digitally accessible. To request table tent resources for your department, space, or program, please email our non-emergent general inbox at [Social.wellness@chaffey.edu](mailto:Social.wellness@chaffey.edu).





## Last workshop of the Fall Semester!



### You Are Not Alone: Navigating Suicidal Thoughts for Yourself and Others December 4, 2025 at 11 AM

[Virtual on Zoom »](#)

Please check the [Chaffey College Event Calendar](#) for upcoming workshops.

## Wellness Tips



### Brighten Your Winter: 3 Quick Self-Care Tips

Feeling the winter blues? Small steps can make a big difference. Get outside for some sunlight, keep your body moving, and stay connected with friends or loved ones to lift your mood and boost your well-being.

### Finals Motivation

*"It always seems impossible  
until it's done."*

— Nelson Mandela



## Welcome Jennifer Detisch, NP to Student Health Services

Chaffey College is proud to welcome Ms. Jennifer Detisch to the Student Health Services team. With more than 22 years of nursing experience, including 19 years as a Nurse Practitioner, she brings extensive clinical expertise and a strong commitment to strengthening campus health resources. Jennifer's top priority is to foster a safe and welcoming environment where students feel supported and confident in accessing the care they need. Ms. Detisch looks forward to partnering with faculty and staff to enhance Chaffey's holistic approach to student well-being. Students may schedule primary care appointments for common health concerns, and when specialized care is needed, Student Health Services can assist with referrals to external providers, ensuring students receive comprehensive, continuous support.

## Student Health Services

Students can access primary care for routine medical needs, receive guidance on health concerns, and get help connecting with trusted outside specialists when necessary. Taking charge of your health is easy! Simply visit or contact Student Health Services to schedule an appointment.

### Locations:

**Chino Campus:** CHMB 105 (909) 652-8190

**Rancho Campus:** CDC-A (909) 652-6331



## Finals Resources

### GPS Center: Guiding Panthers to Success

- **Chino Campus** – CHMB-240 (909) 652-8120
- **Fontana Campus** – FNFC-121 (909) 652-7460
- **Rancho Campus** – CDC (Building C) (909) 652-6466

[www.chaffey.edu/counseling/gps.php](http://www.chaffey.edu/counseling/gps.php)

### Success Center

Helping students with tutoring and course requirements

- **Chino Campus** – CHMB-145 (909) 652-8150
- **Fontana Campus** – FNFC-122 (909) 652-7430
- **Rancho Campus** – BEB-101 (909) 652-6452

[www.chaffey.edu/student-support/success-centers](http://www.chaffey.edu/student-support/success-centers)

**CONNECT WITH  
US TODAY!**

Visit the Chaffey Connects website and complete a self-referral:  
[www.chaffey.edu/student-support-services/bit.php](http://www.chaffey.edu/student-support-services/bit.php)