Mental Health-Medical

Casa Paseo Center

Location: San Bernardino

Phone Number: (909) 332-6000

Details: Short-term (up to 90-day) voluntary residential mental health treatment centers for individuals age 18 to 59 experiencing an acute psychiatric episode or crisis. Open 24 hours a day, 365 days a year, including holidays.

Address: 720 E. Gilbert Ave., San Bernardino

Desert Hill Center

Location: Victorville

Phone Number: (760) 780-4400

Details: Short-term (up to 90-day) voluntary residential mental health treatment centers for individuals age 18 to 59 experiencing an acute psychiatric episode or crisis. Open 24 hours a day, 365 days a year, including holidays.

Address: 16552 Sunhill Dr., Victorville

Morongo Oasis Center

Location: Joshua Tree

Phone Number: (760) 974-5990

Details: Short-term (up to 90-day) voluntary residential mental health treatment centers for individuals age 18 to 59 experiencing an acute psychiatric episode or crisis. Open 24 hours a day, 365 days a year, including holidays.

Address: 60805 29 Palms Hwy., Joshua Tree

Inland Valley Recovery Services (IVRS)

Location: Upland

Phone Number: (909) 949-4667 / (909) 932-1069

Details: Provides SUD services in a home-like setting, while attending treatment services. Treatment services include group counseling, individual counseling, and alcohol and drug education.

Address: 934 N. Mountain Ave., Ste. A & B, Upland / 1260 Arrow Hwy., Bldg. C., Upland

The Community Counseling Center

Location: San Bernardino

Phone Number: 909-537-5569

Details: Low cost counseling services

Address: 5500 University parkway 92407

Windsor Counseling/ Residential

Location: San Bernardino

Phone Number: 909-361-6470

Details: Crisis assessment for substance abuse, behavioral health. Has resources for transitional and long term residential services

Address: 1481 N. Windsor Dr. 92404

Inland Behavioral And Health Services

Location: San Bernardino

Phone Number: 909-881-6146

Details: Provides counseling, health educational and referrals. Accepts medi-cal, medicare, IEHP. Persons without insurance are billed on a sliding scale

Address: 1963 N. E street 92405

Helping Hearts Residential

Location: San Bernardino

Phone Number: 909-292-8997

Details: Transitional and long term residential services in a home like setting for individuals suffering from serious mental illness

Lagos Residental

Location: Riverside

Phone Number: 951-509-8320

Details: Serving residents of Riverside ages 18-59 who are in acute crisis from addiction, trauma and chronic mental conditions/ 14 day program and voluntary

Address: 9890 County Farm Rd 92503

Well Spring

Location: Fontana

Phone Number: 951-643-2150

Details: 16 bed crisis centers serving people suffering with depression, anxiety, bipolar schizophrenia, addiction/ med stability

Address: 15217 San Bernardino ave 92335

Merrill Center

Location: Fontana

Phone Number: 951-643-2340

Details: Walk in's welcome, serves teen over 13 and adults. Short term residential stay

Address: 14677 Merrill Ave 92335

Desert hill Residential

Location: Victorville

Phone Number: 760-780-4400

Details: Adults 18-59, shared living, accepts non violent persons and no sex offenders. Provides 30-90 day stay

Address: 16552 Sunhill dr 92395

National Suicide Prevention

Location: All Areas

Phone Number: 1-800-273-8255

Details: Non emergency emotional support and referrals. Available 24/7

The Stay

Location: San Bernardino

Phone Number: 909-763-4760

Details: YOUTH 18-25: 24HOUR Crisis Residential, up to 90 days, 14 beds, provides mental health services, recovery plan, support for the LGBTQ+ community, accepts medi-cal

Address: 780 Gilbert St. Bldg. H 92415

Valley Star Community Services

Location: San Bernardino

Phone Number: 760-477-2199

Details: 18 to 59 years old, FSP outpatient, Individual counseling, Psychiatric care, Medication management, Crisis intervention services, Intense case management, Housing and vocational support, Independent living skills training, assist with finding housing

Address: Victorville, CA 92395

St Johns Community Health

Location: San Bernardino

Phone Number: 909-898-7301

Details: mental health , recovery treatment, case management, psychiatry, support groups

Address: 1500 N Waterman Ave, San Bernardino, Ca 92404

Illumination Health + Home

Location: Santa Ana

Phone Number: 949-273-0555

Details: Recuperative care centers, Emergency and supportive housing, Family-focused programs, Integrated healthcare and case management.

Address: 2871 Pullman St., Santa Ana, CA 92705

Clay Counseling

Location: San Bernardino

Phone Number: 909-804-8877

Details: Low-cost/Free Therapy, Accepts IEHP, HealthNet/MHN, TriCare, Blue Shield of CA, and Aetna

Address: 570 W 4th St Suite 210, San Bernardino, CA 92401

Hamptons Manor Recuperative Care

Location: Redlands

Phone Number: 615-226-2292

Details: Recuperative care for WOMEN, MEN, COUPLES, UNDOCUMENTED, SENIORS, TRANS & NON-BINARY, & VETS. 32 beds, up to 90 days stay, Structure of Residential Space:Dorm or congregate rooms that are designated by gender, Single-residency occupancy units, Double/multiple occupancy units (no more than 4 people) that are designated by gender. PETS OK.

Address: 502 Cajon StreetRedlands, CA 92373

SAC Health System

Location: San Bernardino

Phone Number: 909-382-7190

Details: Accepts Medi-Cal and Medicare, and offer many federal, state and local programs to those who qualify. For those who are ineligible for programs, offers a sliding fee scale based upon income.

Address: 1454 E 2nd StSan Bernardino, CA 92408

Community Supports

Location: San Bernardino County

Phone Number: (909) 387-7406

Details: Community Supports provides Housing Navigation and Housing Search for clients that have a severe mental illness and have been linked to a housing voucher/rental subsidy from the Coordinated Entry System | DBHInnROADsReferrals@dbh.sbcounty.gov

The Riverside Recuperative Care Center

Location: Riverside

Phone Number: 888-505-0855

Details: 50 beds, 24HR medical oversight, case management, housing navigation, on-site substance use counselers, on-site therapy, post-acute care | recup@ifhomeless.org

Dignity Health & Lestonnac Free Clinic

Location: Fontana

Phone Number: 909-822-0566

Details: Mobile medical clinic (FREE) - Providing services for diabetes, high blood pressure, and primary care for uninsured adults. Walk-ins welcome. First & Third Thursday of each month 10AM-1PM

Address: St. Joseph Church 17080 Arrow Blvd. Fontana 92335

Dignity Health & Lestonnac Free Clinic

Location: Rialto

Phone Number: 909-806-1816

Details: Mobile medical clinic (FREE) - Providing services for diabetes, high blood pressure, and primary care for uninsured adults. Walk-ins welcome. Second Thursday of each month 10AM-1PM

Address: Rialto Community Center 214 N. Palm Ave Rialto 92376

Dignity Health & Lestonnac Free Clinic

Location: San Bernardino

Phone Number: 909-806-1816

Details: Mobile medical clinic (FREE) - Providing services for diabetes, high blood pressure, and primary care for uninsured adults. Walk-ins welcome. Fourth Thursday of each month 10AM-1PM

Address: Akoma Unity Center 1367 N. California St. San Bernardino 92411

Dignity Health & Community Action Partnership

Location: San Bernardino

Phone Number: 909-806-1816

Details: FREE Diaper Distribution - Third Tuesday of every month. Offers Health Eduction classes.

Address: Health Education Center 1725 Western Ave. San Bernardino 92411

Los Angeles County Department of Mental Health: ACR Program

Location: Los Angeles County

Phone Number: 800-854-7771

Details: Alternative to police and paramedics during a mental health crisis. 24/7 help line, psychiatric urgent care centers-short term stabilization and on the spot assesments, therapy and medication. Crisis residential treatment programs for psychiatric support services in home-like environment

Wellspring Center

Location: Fontana

Phone Number: 951-643-2150

Details: Individuals and Families, Ages 18-59, 24/7, 16 beds CRT, Behaviorial health needs screening, group therapy, counseling, treatment plan, case management, crisis intervention, medicatin support services, discharge planning

Address: 15217 San Bernardino AvenueFontana, CA 92335

Housing and Disability Advocacy Program (HDAP)

Phone Number: 916-651-5155

Details: Case management, disability benefits advocacy, and housing assistance for individuals who are experiencing homelessness and who are likely eligible for disability benefits

All-Inclusion Paraclete

Location: Adelanto

Phone Number: 661-405-4003

Details: Transitional housing: Adults with developmental or intellectual disabilities, Individuals transitioning from homelessness, young adults aging out of foster care or family care

Address: 44620 Valley Central Way#1218 Lancaster, CA 93536

Encompass Housing

Location: Long Beach

Phone Number: 714-464-2967

Details: INDIVIDUALS & FAMILIES, SENIORS: Transitional housing, rapid rehousing, rental & utility assistance, recuprative care, recovery, enhanced care management

Address: 4111 E Wilton Street, Long Beach, CA 90804

Reach Out Jurupa ValleyResource Center

Location: Jurupa Valley

Phone Number: 909-245-1156 or 951-465-4564

Details: Free, confidential mental health support. Hygiene products, baby formula, diapers, clothing. No documentation or registration required. Housing and financial education, workforce development, youth education, family health and wellness, violence prevention and support, substance use prevention, legal and translation services, local government agencies, utility assistance. Monday - Friday 9 AM - 5 PM, Saturday 9 AM - 1 PM.

Address: 8300 Limonite Ave., Suite GJurupa Valley, CA 92509

Reach Out Yucca Valley Office

Location: Yucca Valley

Phone Number: 760-365-7130

Details: Free, confidential mental health support. Hygiene products, baby formula, diapers, clothing. No documentation or registration required. Housing and financial education, workforce development, youth education, family health and wellness, violence prevention and support, substance use prevention, legal and translation services, local government agencies, utility assistance. Monday - Friday 9 AM - 5 PM, Saturday 9 AM - 1 PM.

Address: 7248 Joshua LnYucca Valley, CA 92284

Reach Out Upland Office

Location: Upland

Phone Number: 909-982-8641

Details: Free, confidential mental health support. Hygiene products, baby formula, diapers, clothing. No documentation or registration required. Housing and financial education, workforce development, youth education, family health and wellness, violence prevention and support, substance use prevention, legal and translation services, local government agencies, utility assistance. Monday - Friday 9 AM - 5 PM, Saturday 9 AM - 1 PM.

Address: 1126 W. Foothill Blvd., Ste 250Upland, CA 91786

Simple Solutions Psychotherapy

Location: Rancho Cucamonga

Phone Number: 909-527-3463

Details: Services individuals and families. Accepts Molina Healthcare, IEHP, Kaiser. Enhanced care management, individual, family and couples therapy services, housing navigation, professional training and development

Address: 8350 Archibald Ave #110, Rancho Cucamonga, CA 91730