This program map indicates the major coursework and recommended general educational courses by term that are needed to fulfill your degree in two years if enrolled full-time (approximately 15 units per term). Program completion within this timeframe is dependent on your schedule availability and when courses are offered.

Transfer requirements vary based on institution. Please see a Counselor to develop your educational plan and determine appropriate work/life/school balance.

### My Checklist

- **Complete an Educational Plan with a Counselor**
  - Inform counselor of your area of interest: Teaching (PE), Coaching, Strength & Conditioning, Personal Trainer.
  - GE substitutions should be based on transfer plans.

- **Join the Kinesiology Club**
  - This club is designed to support Kinesiology major students and prepare them for transfer, career preparation and networking.

- **Explore Career Paths**
  - Visit the American Kinesiology Association webpage to learn more about career paths: http://americankinesiology.org.

- **Review Major Preparation**
  - Declare an area of emphasis in Kinesiology and update your ed plan with a counselor.
  - See a counselor to review transfer requirements.

- **Start a Transfer Check**
  - Visit the Transfer Center and register for a university or campus tour.

- **Apply for Transfer**
  - Attend the Transfer Fair, transfer workshops, and meet with university representatives.
  - Complete your transfer applications.

- **Complete a Graduation Check**
  - Visit a counselor or GPS Center for a graduation check.

- **Internships & Service Learning**
  - Most areas in Kinesiology require a number of internship hours to be completed upon graduation.

- **Apply for Graduation Through the Portal**
  - Submit required documents to the transfer institutions.

- **Visit the Career Center**
  - Go to the Career Center for job search strategies, resume assistance, and interview preparation.

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*English and Mathematics placement relies on high school performance data. Direct placement into transfer-level English (ENGL 1A) and Mathematics (for quantitative reasoning) provides the most efficient path to a degree or certificate.*