

Creating a Sense of Belonging

CONVOCATION FALL 2019

Facilitators



- ▶ Megan Keebler
 - ▶ Supplemental Instruction
- ▶ Donna Colondres
 - ▶ Counselor, Rancho Campus

Norms

Be fully present
(phone, side
conversations)

Step up, step
back

Be aware of intent
and impact

Try on
other perspectives

Keep things
moving

Others?

My Freshman Year of College...

- ▶ Reflect on the first semester of your freshman year of college. Where would you have put yourself on the "belonging continuum"?



I didn't feel like
I belonged at
all.



I felt right at
home.

My Last Year of College...

- ▶ Reflect on the last semester of your undergraduate experience.
- ▶ Where would you have put yourself on the "belonging continuum" then?
- ▶ Was there a change? If so, what contributed to the change? Was it a person, group, experience?



I didn't feel like
I belonged at
all.

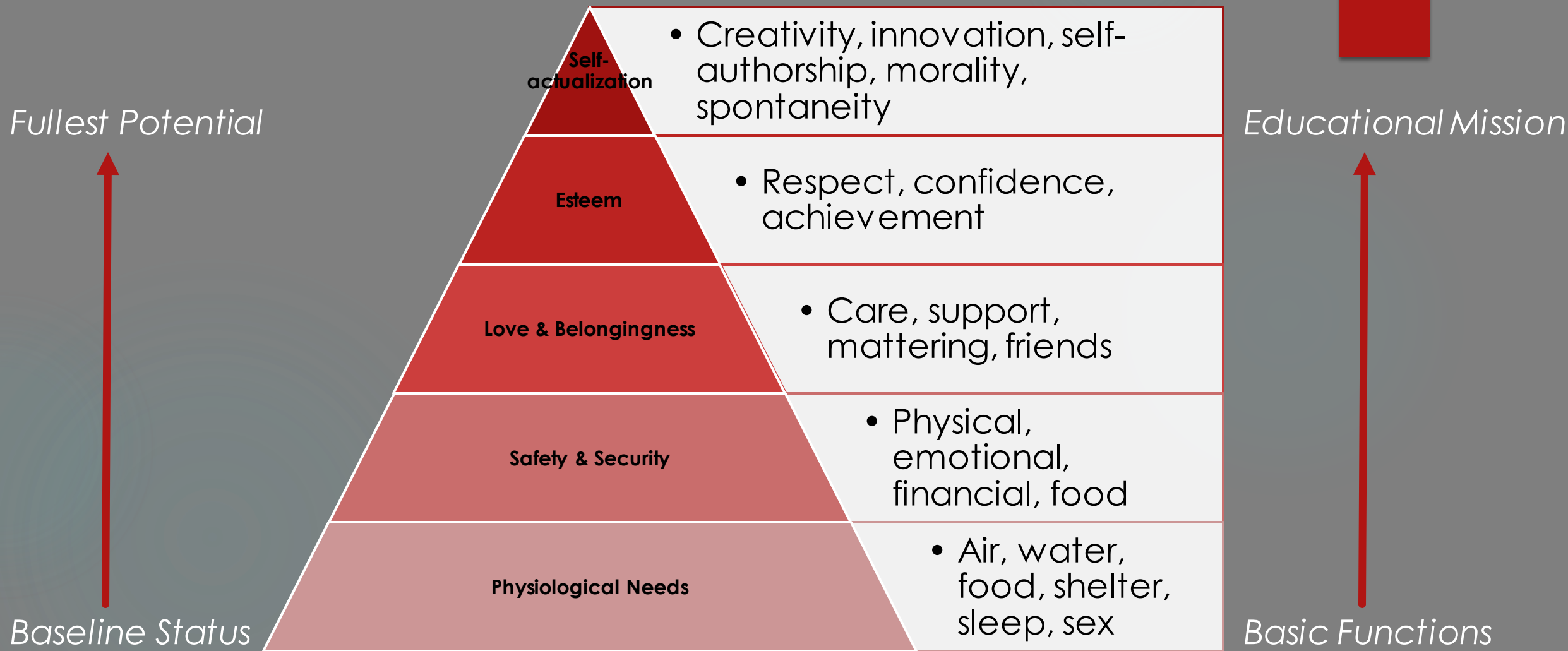


I felt right at
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Sense of Belonging Defined

"Sense of belonging refers to a feeling that members matter to one another and the group, and a shared faith that members' needs will be met through their commitment to be together."

McMillan & Chavis (1986); Osterman (2000); Strayhorn (2012)



Maslow's Hierarchy of Needs and Strayhorn's Sense of Belonging in Schools

Personal Values Affirmation

- ▶ Review the list of personal values. Choose one value that has most impacted your life. Write on the index card how your selected value influences your work at Chaffey College.

**“IT’S NOT
HARD TO MAKE
DECISIONS
WHEN YOU KNOW
WHAT YOUR
VALUES ARE”**

- ROY DISNEY

Team Time

- ▶ Activity: Form a group that contains 5-6 different colors of assigned index cards. Create a group name and motto. Team name and motto must be representative of everyone in the group.



BANDWIDTH RECOVERY

Helping Students Reclaim Cognitive Resources
Lost to Poverty, Racism, and Social Marginalization

Cia Verschelden

Foreword by Lynn Pasquerella

6 Belonging Strategies

- ▶ Values Affirmation
- ▶ Connecting the Known to the Unknown
- ▶ Identification with Academic Self
- ▶ Pecha Kucha Life Reports
- ▶ Relationship-Building in Classes
- ▶ Helping Relationships: Mattering

6 Belonging Strategies

- ▶ Activity: Review your team's assigned belonging strategy. Discuss and create one or more activities to implement that assigned strategy. Outline the activity(ies) on poster paper & include both a brief description of each activity (bullets) and examples of how the strategy can be adapted in a variety of contexts. Include team name & motto on the poster. Be creative!



Gallery Walk

- ▶ Activity: Silently review the posters around the room and respond using Post-it notes. You may ask questions, respond directly to the poster, respond to someone else's comments, etc. When finished, you may return to your poster to read the responses of your colleagues.



Think-Pair-Share

- ▶ My Commitment
 - ▶ Think: Create a plan and commit to one strategy you will implement this semester and write one sentence (on the other side of the index card) that summarizes your commitment
 - ▶ Pair: Share your sentence with one person
 - ▶ Share: Share out your one sentence with the group



Survey



Thank You!

WISHING YOU AND YOUR STUDENTS A WONDERFUL FALL SEMESTER!