

ACADEMIC SENATE AGENDA

AUGUST 24, 2021

[Join Zoom Meeting](#)

Meeting ID: 919 7990 2272 Passcode: 2021

Neil Watkins	President	2021-2023
Sarah Cotton	Vice President	2021-2022
Elizabeth “Liz” Encarnacion	Secretary/Treasurer	2021-2022
Angela Burk – Herrick	Curriculum Chair	2021-2023
Tracy Kocher	Business & Applied Technology	2020-2022
Bruce Osburn	Business & Applied Technology	2021-2023
Daniel Bentum	Chino/Fontana	2020-2022
Tara Johnson	Chino/Fontana	2021-2023
Lisa Doget	Health Sciences	2020-2022
Jayne Clark-Frize	Health Sciences	2021-2023
Christina Holdiness	Instructional Support	2020-2022
Mary Jane Ross	Instructional Support	2021-2023
Jeff Harlow	Kinesiology, Nutrition & Athletics	2020-2022
Elaine Martinez	Kinesiology, Nutrition & Athletics	2021-2023
Elizabeth “Liz” Encarnacion	Language Arts	2020-2022
Steve Shelton	Language Arts	2021-2023
Mark Gutierrez	Mathematics & Science	2020-2022
Elizabeth Cannis	Mathematics & Science	2021-2023
Dan Kern	Social & Behavioral Sciences	2020-2022
Pak Tang	Social & Behavioral Sciences	2021-2023
Jackie Boboye	Student Services	2020-2022
Michelle Martinez	Student Services	2021-2023
Vacant	Visual & Performing Arts	2021-2022
Patrick Aranda	Visual & Performing Arts	2021-2023
Robin Witt	Senator-At-Large	2019-2022
Tamari Jenkins	Senator-At-Large	2020-2023
Sarah Cotton	Senator-At-Large	2021-2024
Vacant	Adjunct Senator-At-Large	2020-2022
John Glass	Adjunct Senator-At-Large	2021-2023
Alternates		
William “Bill” O’Neil	Business & Applied Technology	2021-2023
Manar Hijaz	Chino/Fontana	2021-2023
Jordan Hung	Health Sciences	2021-2023
Shelley Marcus	Instructional Support	2021-2023
Vacant	Kinesiology, Nutrition, & Athletics	2021-2023
Leona Fisher	Language Arts	2020-2022
Diana Cosand	Mathematics & Science	2021-2023
Sergio Gomez	Social & Behavioral Sciences	2020-2022
Myra Andrade	Student Services	2021-2023
Vacant	Visual & Performing Arts	2021-2023
Patty Peoples	Adjunct Alternate Senator	2021-2023
Hope Ell	Classified Senate Liaison	2021-2023

Guests:

Lissa Napoli, Administrative Assistant, Academic Senate

1. P.E. (12:30 P.M.)**2. CALL TO ORDER (12:35 P.M.)****2.1 Remote Attendee Identification****3. PUBLIC COMMENT** (Reserved for Guests only and limited to two minutes.)**4. APPROVAL OF AGENDA**

- August 24, 2021

5. APPROVAL OF MINUTES

- August 17, 2021

6. CONSENT AGENDA**6.1 Foundation Account:** *Approval of fees pending tentative events.*

- 6.1.1 Approval of funds not to exceed \$500 for faculty incentives for the 2021-2022 academic year.
- 6.1.2 Approval of funds not to exceed \$200.00 to open a purchase order with Sparkletts water for the 2021-2022 academic year
- 6.1.3 Approval of funds not to exceed \$150.00 to open a purchase order with the San Bernardino County Superintendent of Schools for the 2021-2022 academic year
- 6.1.4 Approval of funds not to exceed \$400.00 to open a purchase order with Picazo's Flower Designs for the 2021-2022 academic year
- 6.1.5 Approval of funds not to exceed \$200.00 to open a purchase order with Fast Signs for the 2021-2022 academic year
- 6.1.6 Approval of funds not to exceed \$200.00 to open a purchase order with Champion Awards & Specialties for the 2021-2022 academic year
- 6.1.7 Approval of funds for miscellaneous food and supplies for the new hire Welcome Reception
- 6.1.8 Approval of funds for miscellaneous food and supplies for the Faculty Senate Retreat
- 6.1.9 Approval of funds for miscellaneous food and supplies for the Faculty Senate/Curriculum/CCFA Holiday Celebration

6.2 Faculty representatives that have been requested to serve:

- 1. College Planning Council (CPC), Nicole DeRose, Accreditation Faculty Tri-Chair, Biology, M&S

6.3 Faculty representatives who can no longer serve as follows:

- 1. Outcomes & Assessment Committee, Ricardo Diaz, Counseling

7. REPORTS

7.1 President

7.1.1 New Faculty Orientation (NFO)

7.1.2 Honorary Titles: Faculty promotions to full professor, associate professor:

Following past practices, “Honorary titles of Associate Professor and Professor are conferred by action of the Faculty Senate. Advancement from Assistant to Associate and Associate to full Professor may be recommended after eight (8) and fourteen (14) years, respectively.” This means that people who have completed eight (8) years will be promoted to associate professor, and those who have completed fourteen (14) years will be promoted to full professor. Certificates will be sent via USPS to all honorees. Keep in mind that honorary titles are based not on the number of years at Chaffey but on the number of years at Chaffey plus those that have been credited.

7.1.3 Sabbatical Orientation / Q & A

Friday, August 27, 10:00 - 11:30 a.m., Zoom Meeting ID: 953 9004 0062

7.1.4 ASCCC - Fall 2021 Plenary - Hybrid Event

7.1.5 Faculty Office Use

7.2 Vice President - Election vacancies update

7.3 Secretary/Treasurer

7.4 Curriculum

7.5 Classified Senate Liaison, Hope Ell

7.6 Other

8. GUEST(S)/PRESENTATION(S) - Faculty Success Center Facilitator, Cindy Walker, has been working with a campus group on drafting a land acknowledgment. She would like Senate’s feedback on the Tongva land acknowledgment resolution.

9. UNFINISHED BUSINESS

9.1 Discussion Item: Covid-19 vaccinations

10. NEW BUSINESS

10.1 Discussion Item: Compassion for students

10.2 Discussion Item: Self-care (assessment) for faculty - Please complete the self-care assessment before the meeting.

10.3 Discussion Item: Senator representation strategies

11. ANNOUNCEMENTS

11.1 Chaffey College Academic Senate

- 11.1.1 2021-2022 Sabbatical Orientation / Q & A, Friday, August 27, 10:00-11:30 a.m. Please RSVP to lissa.napoli@chaffey.edu to receive your sabbatical information material.

Zoom Meeting ID: 953 9004 0062

11.2 Academic Senate for California Community Colleges (ASCCC) Information

- 11.2.1 [2021 Hybrid Fall Plenary Session](#), Thursday, November 4 through Saturday, November 6. The 2021 Fall Plenary will be a hybrid event with an in-person option and a virtual-only option. Registration In-Person, \$580. Deadline: Tuesday, October 12 by 5:00 PM. Registration Virtual-Only, \$325.00. Deadline: Thursday, October 28 by 5:00 PM. *Click on the link for more information.*

12. FLOOR ITEMS

13. ADJOURNMENT (1:55 P.M.)

The next Academic Senate meeting is scheduled for Tuesday, August 31, 2021.

Self-Care Assessment

Self-care activities are the things you do to maintain good health and improve well-being. You'll find that many of these activities are things you already do as part of your normal routine.

In this assessment you will think about how frequently, or how well, you are performing different self-care activities. The goal of this assessment is to help you learn about your self-care needs by spotting patterns and recognizing areas of your life that need more attention.

There are no right or wrong answers on this assessment. There may be activities that you have no interest in, and other activities may not be included. This list is not comprehensive, but serves as a starting point for thinking about your self-care needs.

1	I do this poorly	I do this rarely or not at all
2	I do this OK	I do this sometimes
3	I do this well	I do this often
★	I would like to improve at this	I would like to do this more frequently

1 2 3 ★ Physical Self-Care

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Eat healthy foods
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Take care of personal hygiene
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Exercise
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wear clothes that help me feel good about myself
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Eat regularly
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Participate in fun activities (e.g. walking, swimming, dancing, sports)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Get enough sleep
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Go to preventative medical appointments (e.g. checkups, teeth cleanings)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Rest when sick
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Overall physical self-care

Self-Care Assessment

1 2 3 ★ Psychological / Emotional Self-Care

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Take time off from work, school, and other obligations |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Participate in hobbies |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Get away from distractions (e.g. phone, email) |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Learn new things, unrelated to work or school |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Express my feelings in a healthy way (e.g. talking, creating art, journaling) |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Recognize my own strengths and achievements |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Go on vacations or day-trips |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Do something comforting (e.g. re-watch a favorite movie, take a long bath) |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Find reasons to laugh |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Talk about my problems |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Overall psychological and emotional self-care |

1 2 3 ★ Social Self-Care

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Spend time with people who I like |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Call or write to friends and family who are far away |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Have stimulating conversations |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Meet new people |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Spend time alone with my romantic partner |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Ask others for help, when needed |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Do enjoyable activities with other people |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Have intimate time with my romantic partner |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Keep in touch with old friends |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Overall social self-care |

Self-Care Assessment

1 2 3 ★ Spiritual Self-Care

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Spend time in nature |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Meditate |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Pray |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Recognize the things that give meaning to my life |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Act in accordance with my morals and values |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Set aside time for thought and reflection |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Participate in a cause that is important to me |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Appreciate art that is impactful to me (e.g. music, film, literature) |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Overall spiritual self-care |

1 2 3 ★ Professional Self-Care

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Improve my professional skills |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Say "no" to excessive new responsibilities |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Take on projects that are interesting or rewarding |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Learn new things related to my profession |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Make time to talk and build relationships with colleagues |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Take breaks during work |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Maintain balance between my professional and personal life |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Keep a comfortable workspace that allows me to be successful |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Advocate for fair pay, benefits, and other needs |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Overall professional self-care |