PROGRAM DESCRIPTION:
The Physical Education AA provides basic courses to prepare students for continued study. Consideration has been given to transfer requirements of local colleges and universities.

The Athletic Training Certificate prepares students for entry-level employment assisting an athletic trainer or as a physical therapy aide in high school, college, private practice or clinical settings. The certificate also provides courses to prepare students for continued study in the field of athletic training with the goal of attaining a career in fields such as athletic trainer, athletic rehabilitation, or physical therapy. Consideration has been given to transfer requirements of Athletic Training Education programs at local colleges and universities.

HOW DO I KNOW THIS MAJOR IS FOR ME?
- You enjoy activities that involve assisting others and promoting personal development
- You want to learn about health and wellness
- You enjoy being of service to people
- You enjoy helping others learn how to better take care of their physical health
- You are interested in the body and body movement
- You are want to learn about physical rehabilitation and injuries

WHAT CAN I DO WITH THIS CERTIFICATE/ASSOCIATE DEGREE?
- Fitness Trainer
- Aerobics Instructor
- Umpire
- Referee
- Recreation Leader
- Sports Judge
- Personal Trainer
- PE Teacher Assistant
- Camp Counselor
- Physical Therapy Aide
- Occupational Therapy Aide
- Fitness Sales Rep

WHERE CAN I WORK?
This pathway provides you with a choice of various work environments including:
- Nursing Care Facilities
- Medical Facilities
- School Districts
- City/County Offices
- Public Health Centers
- Colleges and Universities
- Individual and Families Services
- Rehabilitation Services
- Fitness Companies
- Gyms
- Sports/Entertainment Companies
- Equipment Sales
- Community Centers

WHAT IS THE POTENTIAL WAGE OUTLOOK?
The associate degree may lead to a position as a Fitness Trainer, which according to the EDD/LMID Occupational Employment Statistics Survey, 2017 the median wage in California was $47,568 annually. For more information, visit www.labormarketinfo.edd.ca.gov/OccGuides. The job and wage outlook will vary based on the position selected within this major. To review current salary information and job outlook for other occupational titles, visit www.onetonline.org.

WHAT CAN I DO IN THE FUTURE WITH MORE EDUCATION?
The positions below require at least a Bachelor’s degree in Kinesiology. According to O*NetOnline the median salary for Exercise Physiologists in California was $66,220. You can complete the Associate Degree for Transfer in Kinesiology to follow this pathway.
- Coach
- Wellness Director
- Rehabilitation Director
- Physical Therapist
- PE Teacher
- Adapted PE Teacher
- Director of Athletics
- University Professor
- Athletic Trainer
- Exercise Physiologist
- Occupational Therapist
- Chiropractor
- Sports Psychologist
- Doctor of Sports Medicine

For additional information about career pathways and to find out if this major is a good fit for you visit the Career Center located in MACC 203. Career information was collected from www.onetonline.org and www.bls.gov.
### MAJOR AND COURSE REQUIREMENTS:

**LEGEND:** G=Grade  IP=In Progress  N=Need  **Bold:** Prerequisites  Plain Text: No Prerequisites

#### Major Requirements for the Associate in Arts Degree: (S345)

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>Grade</th>
<th>IP</th>
<th>Need</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 1</td>
<td>General Biology <em>(BIOL 20, Human Anatomy or BIOL 424 Anatomy and Physiology, 3 and BIOL 424L, Anatomy and Physiology Lab, 1)</em></td>
<td></td>
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<tr>
<td>KINLEC 15</td>
<td>Diet and Fitness</td>
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<td>KINLEC 18</td>
<td>Introduction to Kinesiology</td>
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**Plus six units from the following:**

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<th>Need</th>
<th>Units</th>
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<tr>
<td>BIOL 22; CHEM 10; KINLEC 2, 11, 14, 16, 17, 24, 32; NF 5</td>
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**Plus three units from the following:**

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<th>Need</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINACT 1, 2, 9, 16, 17, 20, 22, 23, 24, 25, 26, 28A, 28B, 29A, 29B, 29C, 31, 32, 35</td>
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#### Requirements for the Athletic Training Certificate: (E375) *(Non-Transcripted)*

<table>
<thead>
<tr>
<th>Course</th>
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<th>Grade</th>
<th>IP</th>
<th>Need</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINLEC 2</td>
<td>Introduction to Athletic Training</td>
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<tr>
<td>KINLEC 19</td>
<td>Practical Applications in Athletic Training I</td>
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<tr>
<td>KINLEC 21</td>
<td>Practical Applications in Athletic Training II</td>
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<tr>
<td>KINLEC 22</td>
<td>Practical Applications in Athletic Training III</td>
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**Plus eight units from the following:**

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<th>Grade</th>
<th>IP</th>
<th>Need</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 1</td>
<td>General Biology</td>
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<tr>
<td>BIOL 20</td>
<td>Human Anatomy</td>
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</tr>
<tr>
<td>BIOL 22</td>
<td>Human Physiology</td>
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</table>

In addition to completion of the MAJOR, there are other requirements for the degree, refer to the Chaffey College Graduation Requirement Sheet or see a counselor in the Counseling Center.

All courses required for a certificate must be completed with a minimum grade of C.

07/17/18  MAJOR: S345  5885 Haven Avenue, Rancho Cucamonga, CA 91737-3002  (909) 652-6000, 652-6200

$46 per unit for CA Residents