Student Strategies to Build Hope

be **HOPEFUL** strategies

According to numerous research studies, students’ hope levels are strongly linked with their academic success. Research also shows that even small interventions that address students’ academic hope (students’ ability to conceive specific goals along with the motivation, energy, and strategies to achieve those goals and overcome obstacles along the way) can positively impact student success. Join us for this interactive seminar as we explore and experience practical strategies that can be adapted to any discipline.

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