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To: [Faculty](#); [Adjunct Faculty](#); [Staff](#)
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Subject: Update 3/13/20 San Bernardino County Public Health states 0 COVID-19 cases
Date: Saturday, March 14, 2020 8:13:47 PM
Attachments: [NR-Health-Officer-orders-cancellation-of-large-gatherings-no-local-cases-in-County.pdf](#)

Dear Chaffey Colleagues,

Chaffey College continues to monitor the respiratory illness caused by the novel coronavirus (COVID-19). Please see the attached. The risk of infection to the public in San Bernardino County (updates 01/31/2020, 02/28/2020, 03/02/2020, 03/09/2020, 03/13/2020) is still believed to be low as there are no local cases in our county at this time. However, this remains a quickly evolving situation. College health professionals are also closely monitoring information about the virus provided by local, state and federal public health experts.

As of 3/13/20 there are no cases in San Bernardino County.

Coronavirus symptoms may be flu-like, ranging from mild to serious, and include: fever, cough and difficulty breathing.

The regular seasonal flus are still wide spread in our area. The good news is California is now at an orange level, down from red which is the highest level.

The prevention information has not changed:

CDC advises: <https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>

The best way to prevent infection is to avoid being exposed to this virus. Here are everyday actions to help prevent the spread of respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick. If someone does become sick with respiratory symptoms like fever and cough, they should stay away from work, school or other people to avoid spreading illness.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

New:

- If possible practice social distancing 3-6 feet.
- Avoid unnecessary outings in the community.

More information

Chaffey main page top banner: <https://www.chaffey.edu/>

Chaffey Health Advisories section: https://www.chaffey.edu/health_services/covid-19.shtml

Thanks so much,

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<http://readsh101.com/chaffey.html>

"When health is absent, Wisdom cannot reveal itself, Art cannot manifest, Strength cannot fight, Wealth becomes useless, and Intelligence cannot be applied" Herophilus, 300BC

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