

Kinesiology

DUAL ENROLLMENT ACADEMIC AND CAREER PATHWAYS

Introduction to the Major and Career Field

This pathway prepares students to pursue degrees in kinesiology, exercise science, or physical education. This major will introduce students to many areas of study including health, fitness, physical education, therapeutic/sport medicine, and coaching/sport instruction.

Explore this, and other, Academic and Career Communities
<https://www.chaffey.edu/acc/index.php>



Explore Your Career Path Here

GUID 3: Career Exploration & Life Planning (3 units)
(Recommended first course. UC and CSU transferable.)

Introductory Major Courses

- KINLEC-15: Diet and Fitness (3 units, CSU)
- KINLEC-18: Introduction to Kinesiology (3 units, CSU/UC)
- KINLEC-16: First Aid (3 units, CSU/UC)
- STATS-10: Elementary Statistics (4 units, CSU/UC)



Recommended General Education Courses

(General Ed is required for degree)

- ENGL-1A: Composition (CSU/UC) (3 units)
- COMSTD-2: Fundamentals of Effective Speaking (CSU/UC) (3 units)
- PSYCH-1: Introduction to Psychology (CSU/UC) (3 units)
- PS-1: American Politics (CSU/UC) (3 units)

**Get additional course suggestions and create an educational plan
Meet with a Chaffey College Dual Enrollment Counselor TODAY!**

Interested? Have Questions? [Ask Us!](#) or email [Dual.Enrollment@chaffey.edu](mailto: Dual.Enrollment@chaffey.edu)